

Fall 2019
Alternative Consultation
...
San Diego State University

Presentation Outline

- Alternative Consultation
- **Two** Proposed Fee Increases
- Feedback Submission & Q&A

*The presentation will last approximately 30 minutes
with discussion to follow*

Student Health and
Wellness Fee

Instructionally Related
Activities Fee



Campus Fee Advisory Committee

- ❖ *Comprised of students, faculty, staff and administrators*
 - **Majority are Students**
- ❖ *Advisory to the President*

Alternative Consultation Process

- *CFAC recommended, President approved*
- *Open Forums*
 - *Engage in a meaningful **process***
 - *Address **questions***
 - ***Feedback** to measure student opinion*

CFAC → *President* → *Chancellor*

Health & Wellness Fee

Mental Health and Your Success

- Higher GPA's
- Higher retention, faster graduation
- Better cognitive functioning overall



Mental Health at SDSU

- 73% felt *very sad* in past year
- 68% felt *overwhelming anxiety* in past year
- Highest reported impairment of academic functioning:
 - Stress 36%
 - Anxiety 30%
 - Sleep problems 24%

Source: National College Health Assessment 2018

Counseling & Psychological Services

Academic - Personal - Social - Career



Counseling & Psychological Services



Prevention

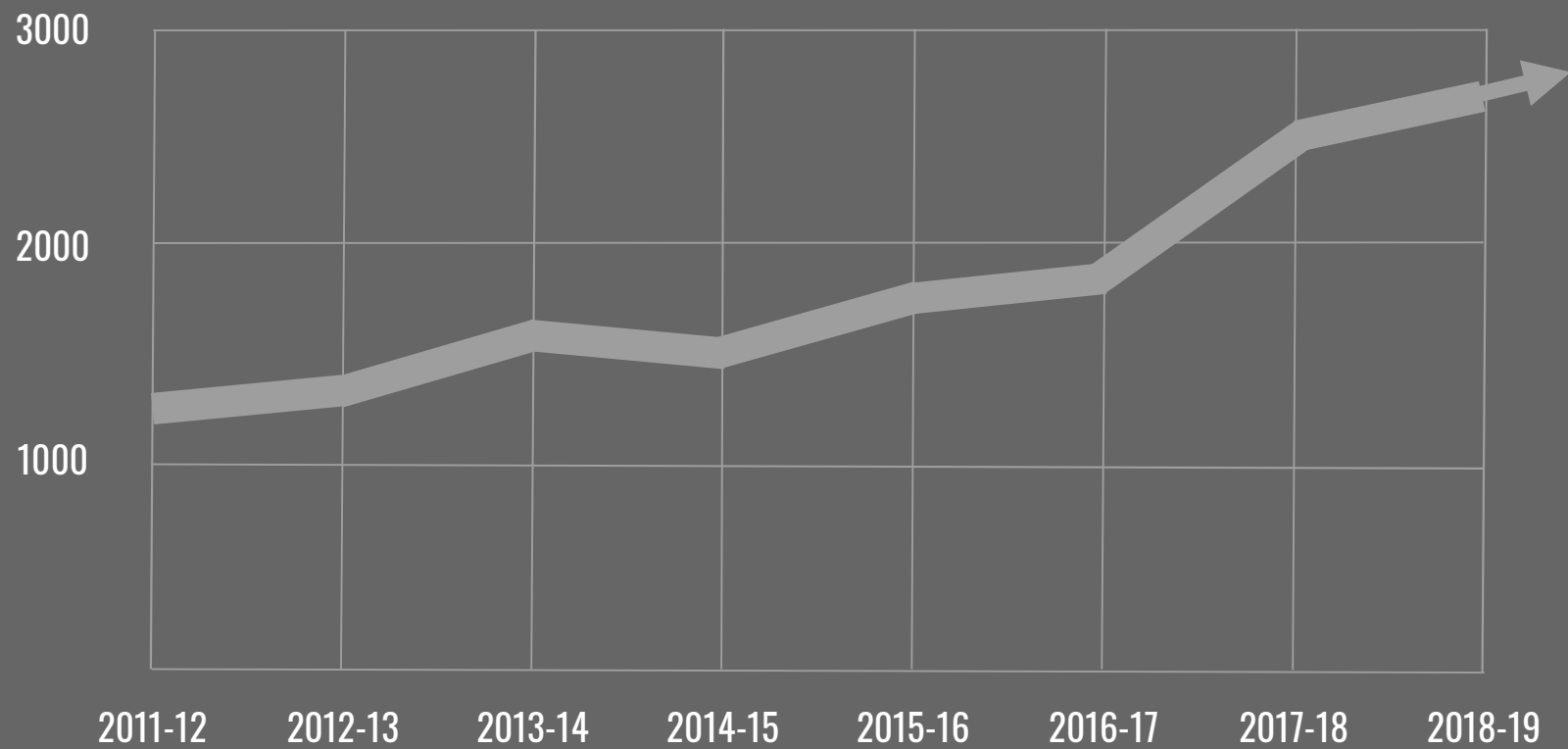


Intervention

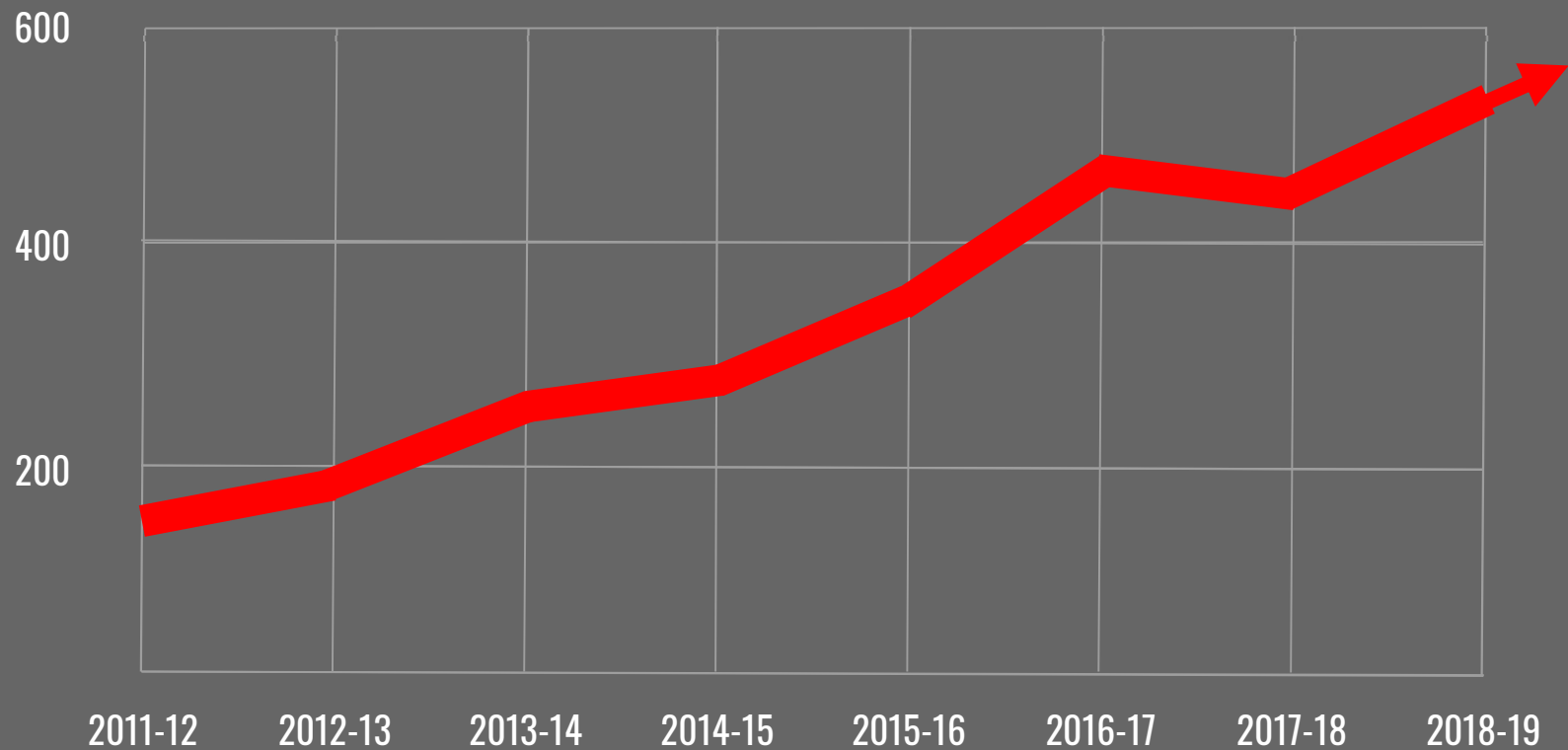
Crisis
Management



C&PS Utilization - Requests for Service



C&PS Utilization - Demand for Crisis Services





Students Say...

“I was struggling with a number of issues at the beginning of my sophomore year. I worked with a great counselor at C&PS, who gave me a safe space to sort out all of my thoughts and give me non-biased advice. My counselor gave me confidence and made me feel like myself again. I don’t think I could have gotten through my sophomore year without it.”

“I was planning on transferring home for the way I was feeling, but with the service provided I have decided to stay here to further my education and I have a much more positive mindset all together.”

“... unfortunately some of my friends who needed help from C&PS were not able to receive it, due to high wait time for appointments. If there is one thing that C&PS could do to improve their services, then please do bring in more counselors.”

Current C&PS Therapist-to-Student Ratio

1:1800

National Best Practice

1:1000-----1:1500



How Will You Benefit?



Improved access

- Reduced wait times
- Additional counselors



Case Managers

- Personalized Service
- Care Navigation



After-hours access

- Dedicated access line

Three Fee Options

The proposed choices are:

\$73 for 1:1000 ratio

\$61 for 1:1300 ratio

\$55 for 1:1500 ratio

Annual fee increase based on Higher Ed Price Index (HEPI) starting in fall 2021

Instructionally Related Activities Fee



SAN DIEGO STATE UNIVERSITY
BLACK RESOURCE CENTER

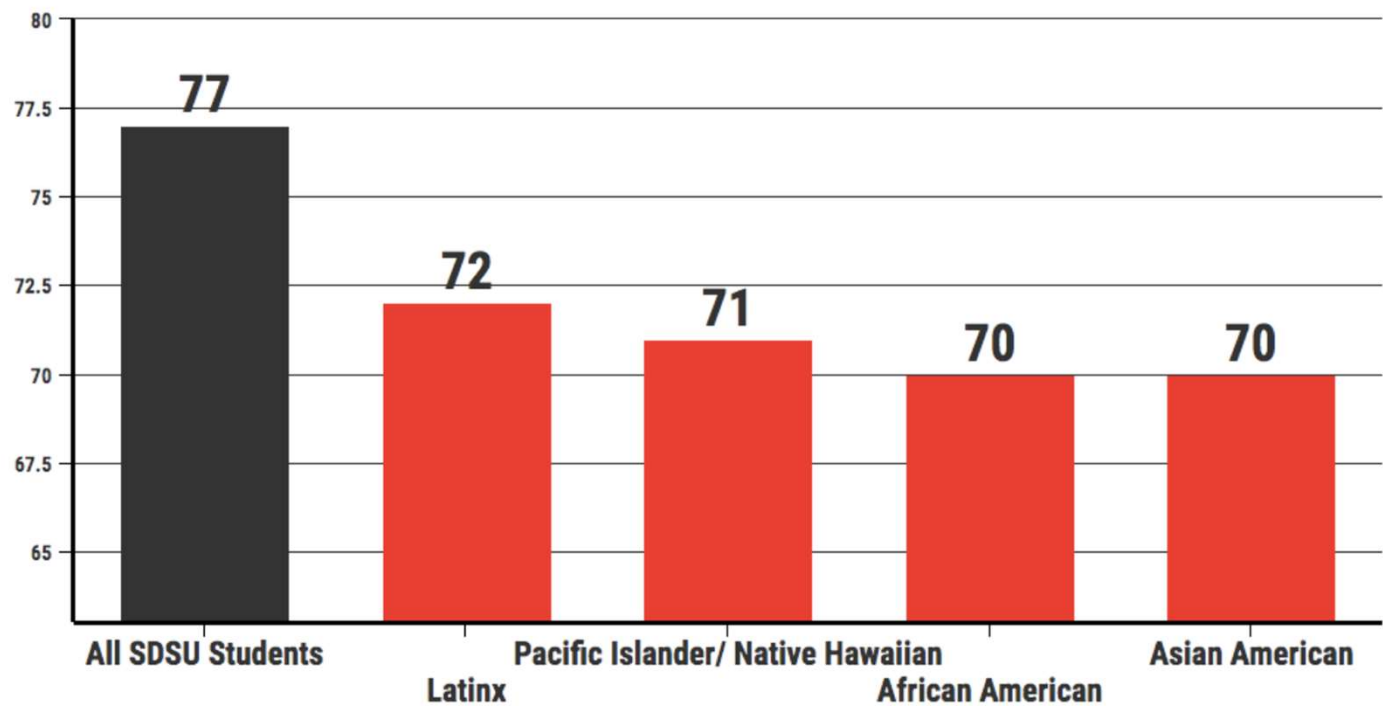


SAN DIEGO STATE
UNIVERSITY

Center for Intercultural Relations



SDSU's 6 Year Graduation Rates



Source: San Diego State University Analytic Studies and Institutional Research



Black Resource Center



Center for Intercultural Relations



Pride Center



Women's Resource Center

How do the Centers Support You?

Academic Support Systems

Students surveyed in the Henrietta Goodwin Scholars Program, Women and Gender Equity Program, and Pride House report:

- Feeling a strong sense of belonging on campus as a result of their participation in the program
- That their first year experience program eased their transition to the University
- The academic support systems offered by the centers helped them to positively explore their identity on campus



How do the Centers Support You?

Campus-Wide Training

- Brave Project
- SafeZones LGBTQIA+ Ally Training
- Diversity Awareness Certificate



How do the Centers Support You?

Community Building

- Physical centers where students can study, eat, meet
- Host student org meetings
- Last year, the centers had 18,438 total visits!!

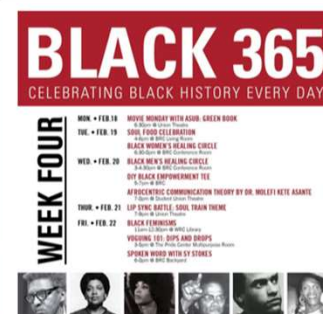
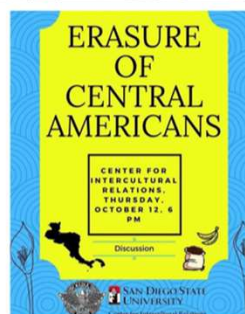
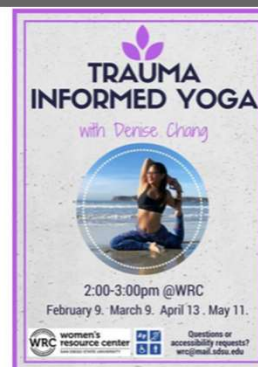


How do the Centers Support You?

Student Focused Programming

- Last year, the Centers offered:

276 programs, which were attended by 11,187 participants



“The Pride Center has been my home since I came to SDSU. Without it I'd never have such a strong community bond or be as involved on campus. The work it does in creating space, offering support, and providing education is indispensable.”

“The WRC is a home. Yeah it's a center, but it's such a safe and welcoming place to be. It has a couch you can nap on and then a living room where you can share your thoughts on the day or your life. There's a room full of endless eye opening literature, but most importantly it's the community of people at the WRC who have helped me to feel like I belong at SDSU.”

“As a transfer student who was new to SDSU, the BRC quickly became my second home. Although Black folks are only 4% of the campus, the BRC is somewhere I feel like I can be myself and feel supported by my peers. This is a place for us to thrive together and motivate each other at all times whether that is to study, socialize, or just connect with one another.”

What Students Say About the Centers

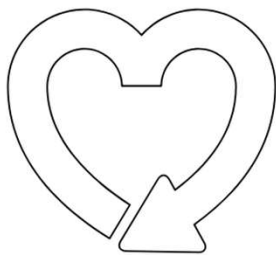
APIDA



**NATIVE RESOURCE
CENTER**

New Centers Proposed By Students

Expanded services
in the BRC, CIR,
Pride Center, and
WRC



Funding to open the APIDA
Space, Latinx Resource
Center, and Native
Resource Center



Increased programming
funds, additional academic
support resources, more
student employment &
engagement opportunities



\$40.00 Proposed Fee Increase

Annual fee increase based on Higher Education Pride Index (HEPI) beginning in Fall 2021

Your Community - Your Success!

Financial Assistance is Available

- Financial Aid & Scholarships
 - *Mandatory Fees*
 - *Included in SDSU's Cost of Attendance*



Your Community - Your Success!

Financial Assistance is Available: Return-to-Aid

- 3% of funds are set-aside to support students experiencing a financial hardship
- Student Health & Wellness Fee:
Option 1: \$151,305 - Option 2: \$126,315 - Option 3: \$113,925
- Instructionally Related Activities Fee: \$83,370

Will support up to 2000 awards annually

Your Feedback

FEEDBACK FORM <small>(Please complete for both fees.)</small>		
SDSU Card ID Number: _____	<input type="checkbox"/> Undergraduate <input type="checkbox"/> Graduate	
STUDENT HEALTH & WELLNESS FEE <small>Current fee is \$150 per semester, \$110 in summer. Proposed fee increase effective fall 2020. (Please make only one selection; check the box next to your choice.)</small>		
<input type="checkbox"/> OPTION 1	AMOUNT OF INCREASE	INCREASED FUNDING SUPPORTS
FALL	\$73	Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1,000), the addition of case managers and a dedicated 24-hour SDSU access line.
SPRING	\$73	
SUMMER	\$27	
<input type="checkbox"/> OPTION 2	AMOUNT OF INCREASE	INCREASED FUNDING SUPPORTS
FALL	\$61	Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1,300), the addition of case managers and a dedicated 24-hour SDSU access line.
SPRING	\$61	
SUMMER	\$22	
<input type="checkbox"/> OPTION 3	AMOUNT OF INCREASE	INCREASED FUNDING SUPPORTS
FALL	\$55	Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1,500), the addition of case managers and a dedicated 24-hour SDSU access line.
SPRING	\$55	
SUMMER	\$20	
Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.		
<input type="checkbox"/> OPTION 4	NO FEE INCREASE	FEE WOULD REMAIN \$150 PER SEMESTER, \$110 IN SUMMER.
INSTRUCTIONALLY RELATED ACTIVITIES FEE <small>Current fee is \$199 per semester, \$88 in summer. Proposed fee increase effective fall 2020. (Please make only one selection; check the box next to your choice.)</small>		
<input type="checkbox"/> OPTION 1	AMOUNT OF INCREASE	INCREASED FUNDING SUPPORTS
FALL	\$40	Latinx Resource Center, Native Resource Center, and Asian Pacific Islander Desi American space will be sustainably funded to provide physical center(s) along with academic and co-curricular support programs. Additional staffing and program funds will be added to the Black Resource Center, Center for Intercultural Relations, Pride Center, and Women's Resource Center for academic coaching, mentoring, culturally specific leadership opportunities and retention activities for historically underrepresented and underserved students.
SPRING	\$40	
SUMMER	\$17	
Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.		
<input type="checkbox"/> OPTION 2	NO FEE INCREASE	FEE WOULD REMAIN \$199 PER SEMESTER, \$88 IN SUMMER.

Questions?

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Mark Your Feedback on 2 Proposals
Submit Your Form

sdsu.edu/alternativeconsult