



SAN DIEGO STATE  
UNIVERSITY

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Agnes Wong Nickerson  
Interim Vice President and CFO

**MEMORANDUM**

DATE: November 22, 2019

TO: Adela de la Torre  
President

From: Agnes Wong Nickerson *AWN*  
Interim Vice President for Business and Financial Affairs & CFO

SUBJECT: Recommendation for Approval of Category II Fee Increases for Student Health & Wellness and Instructionally Related Activities Fees

Please find attached for your approval the Category II fee increase requests from Student Affairs and Diversity and Innovation per Executive Order 1102. These requests are to increase the Student Health & Wellness and Instructionally Related Activities Fees. Further, it is requested that the Student Health & Wellness Fee be adjusted annually based on the Higher Education Price Index (HEPI). These fee increases are necessary to support the expansion and provision of important services to our students.

Once you have approved these requests, these fee increases will be reported to the Campus Fee Advisory Committee pursuant to the Executive Order.

Please let me know if you have any questions.

Attachments

## Category II Fee Request

November 22, 2019

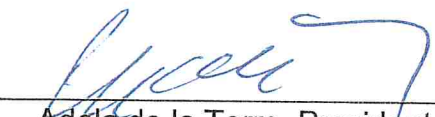
### RECOMMENDATION

Increase Category II Student Health & Wellness Fee to cover the costs of expanded and more accessible mental health services effective fall 2020:

Category II Fee	Current Fee	Increase	New Fee
Student Health & Wellness Fee	\$150/semester	\$55/semester	\$205/semester*

\*Adjusted annually based on the Higher Education Price Index (HEPI) beginning fall 2021

Approved

  
Adela de la Torre, President

Date:

12/12/19

## Category II Fee Request

November 22, 2019

### RECOMMENDATION

Increase Category II Instructionally Related Activities Fee to cover the costs of expanding cultural centers and services effective Fall 2020:

Category II Fee	Current Fee	Increase	New Fee
Instructionally Related Activities Fee	\$199/semester	\$40/semester	\$239/semester*

\*Adjusted annually based on the Higher Education Price Index (HEPI)

Approved

  
Adela de la Torre, President

Date:

12/12/19

## CAMPUS FEE ADVISORY COMMITTEE

November 22, 2019

### MINUTES

#### ATTENDEES

##### Members:

David Ely

Rashmi Praba

Mark Wheeler

Christian Onwuka

Angelica Espinoza

George Scott

Christian Holt

Radmila Prislin

T'Ante Sims

Mark Bruno

Kyla Blaylock

Dustin Adkins

Sophie Chance

Non-voting Members: Dana Smith

Guests: Approx. 20-25

The meeting was called to order at 11:08 A.M. by Christian Onwuka, CFAC Chair.

#### **Review and Approval of November 8th Meeting Minutes**

Mr. Onwuka introduced and reviewed the November 8th meeting minutes and asked if there were any questions; there were none.

Mr. Scott moved to approve the minutes and Ms. Espinoza seconded; the motion was approved unanimously.

#### **Informational Items**

##### a. Student Health & Wellness and Instructionally Related Activities Fee Results

Ms. Smith presented the Student Health & Wellness and Instructionally Related Activities fee results and provided information regarding the alternative consultation process. A total of 41 open forums were held at which students were provided with a 30 minute presentation about the proposed fee increases. Students were given the opportunity to ask questions and provide feedback during the forums. Students were also given a feedback form in which they could provide written feedback which would be reviewed by CFAC. In total, the committee received feedback forms from 1,008 students. RedIDs were verified in order to validate that only regularly enrolled SDSU students were included in the results. The feedback summary results showed 57.0% of students supported a Student Health & Wellness Fee increase ranging from \$55-\$73 per semester, 42.4% opposed any fee increase, and 0.6% abstained; 50.6% of students supported an Instructionally Related Activities Fee increase of \$40 per semester, 49.3% opposed an increase, and 0.1% abstained.

##### b. 30 Minute Open Comment Period

Mr. Onwuka acknowledged that there were no speakers signed up and reminded the audience that public comment was still welcome and asked any interested parties to place their name on the sign-in sheet.

Mr. Onwuka opened the meeting for public comment after tabling the discussion of the fee recommendations in progress. Two guests were allowed to give public comment for 2½ minutes; both were opposed to the fee increases.

#### **Requests**

##### a. None

#### **Action Items**

##### a. Student Health & Wellness and Instructionally Related Activities Fee Recommendations to President de la Torre

Ms. Blaylock moved to recommend the fee increases and Ms. Chance seconded. The committee discussed the importance of mental health services and cultural centers and recognized the impact such services have on student achievement. The committee further acknowledged the financial burden that fee increases have on students and their families, particularly low income students. However, several committee members felt that the positive impacts on student success outweigh the negative financial impacts. The committee was also reminded that the fee increases include a return-to-aid component to provide financial relief to eligible students. The committee was further reminded that all other options have been exhausted.

Dr. Wheeler moved to table the discussion and Mr. Holt seconded; the motion was approved unanimously. Two guests were allowed to give public comment.



Mr. Scott moved to resume the discussion and Mr. Adkins seconded; the motion was approved unanimously. The committee continued the discussion and acknowledged that fee increases disproportionately affect international students who must pay the fees while being limited on work hours and excluded from financial aid. The committee further acknowledged the financial burden but was also reminded that a lack of resources for students in need is also a burden.

Mr. Holt moved to vote no on both recommendations, Mr. Adkins seconded.

The motion failed.

Dr. Ely moved to recommend the increase to the Student Health & Wellness Fee at \$55, Dr. Wheeler seconded. The committee further discussed the need for services and lack of funding. The committee was also reminded that only a small fraction of students favor a fee that will impact all students.

The motion passed with a vote of 8-4.

Dr. Wheeler moved to recommend the increase to the Instructionally Related Activities Fee, Ms. Blaylock seconded. The committee discussed the benefits that the cultural resource centers have for the entire campus community and the need to support all students with the resources they need to succeed.

The motion passed with a vote of 6-4 with 2 abstentions.

### **New Business**

None

### **Public Comment**

None

Mr. Onwuka adjourned the meeting at 12:01 P.M.

**Reminder:** Next meeting is scheduled for Friday, December 6<sup>th</sup>, at 11:00 A.M. in Student Services West - Room 2620.

## **Student Health & Wellness and Instructionally Related Fee Proposals Fall 2019 Alternative Consultation Process**

At its meeting on September 20, 2019, the Campus Fee Advisory Committee (CFAC) approved a motion to recommend to the President the use of an alternative consultation process to measure student support and at what fee amounts for two Category II mandatory fee increases for the Student Health and Wellness and Instructionally Related Activities Fees. An alternative consultation was recommended as the mechanism to best achieve appropriate and meaningful consultation based on the complexity of the fees and given that alternative consultation will allow for greater interaction and exchange of information with students. President de la Torre approved the use of alternative consultation on September 25, 2019.

CFAC used various approaches to communicate these two fees proposals and open forum information to students. The open forums were announced on Blackboard, WebPortal, The Daily Aztec newspaper, State Up to Date newsletter, digital displays, flyers and posters, social media, various student newsletters, residence hall publications, student organization publications and university computer home screens in advance of and throughout the open forum period. A mass email was sent to all students and emails were also sent to student organizations encouraging them to host forums. Additionally, an email was sent to all faculty midway through the forums requesting that faculty share the forum schedule with their students. All announcements referred students to the Alternative Consultation page of the CFAC website <https://sdsu.edu/alternativeconsult> for additional information. The Alternative Consultation webpage included the forum schedule and information pamphlets as prepared and approved by CFAC, as well as provided students the opportunity to submit comments and questions to CFAC ([cfac@sdsu.edu](mailto:cfac@sdsu.edu)). Additionally, a short informational video was available on the webpage and shared on social media to provide a quick overview of the fee proposals and to encourage students to attend an open forum.

In an effort to achieve maximum student participation in the alternative consultation process, CFAC held 41 open forums during the three week period of October 21 – November 15, 2019. There were 42 forums scheduled but one was cancelled due to a power outage on campus. The open forums were scheduled at various times during the day to be flexible in accommodating the availability of students. CFAC also solicited student organizations to host an open forum during its regularly scheduled meeting to encourage participation from its members. A schedule of public forum dates, times, locations and approximate attendance is provided. The presentation materials and feedback form for the open forums were reviewed and approved by CFAC to ensure students were provided with an objective analysis of the proposed fee. FAQ's were provided on the Alternative Consultation website.

Prior to the open forums, pilot presentations were made to various campus stakeholders and at the October 18, 2019 CFAC meeting, providing faculty, staff and students the opportunity to learn about the alternative consultation process and the proposed Student Health & Wellness and IRA fee increases. Attendees asked questions and provided valuable feedback to CFAC in preparing for the open forums.

At each of the 41 open forums, students were provided with a 30 minute presentation of the alternative consultation process and the proposed fee increases and then given the opportunity to ask questions and/or provide feedback on the proposed fee increases. The information pamphlets for both fee proposals was posted on the Fall 2019 Alternative Consultation website. At the conclusion of the presentation, students were provided the opportunity to submit a feedback form to share their opinion of the proposed fee increases. Students were also provided the option of watching the video at Testing Services and completing a feedback form. On the feedback form, students were to select one of the following options for the Student Health & Wellness Fee: (1) a \$73/semester fee, (2) a \$61/semester fee, (3) a \$55/semester fee or (4) no fee; IRA Fee: (1) a \$40/semester fee or (2) no fee. Students were also encouraged to provide comments about the proposed fee on the back of the feedback form. To ensure that only one feedback form was submitted for each student, the student's SDSUcard was verified that it matched the RedID submitted on the feedback form. The data from the feedback forms was

## **Student Health & Wellness and Instructionally Related Fee Proposals Fall 2019 Alternative Consultation Process**

compiled by the office of Budget & Finance and RedIDs were verified to ensure only regularly-enrolled SDSU students were included in the results. Feedback was received from 1,008 students which is representative of 2.96% of the fall 2019 student enrollment (headcount). The results are provided for review and consideration by CFAC.

**SAN DIEGO STATE UNIVERSITY  
PROPOSED FEE INCREASE OPEN FORUM SCHEDULE**

<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Host</u>	<u>Approx. Attendees</u>	<u>Feedback Forms Received</u>
Tuesday, October 22, 2019	7:00 PM	Tula Community Center	Residential Halls	235	221
Wednesday, October 23, 2019	11:30 AM	Conrad Prebys Aztec Student Union, Student Life and Leadership		4	3
Thursday, October 24, 2019	12:00 PM	Professional Studies & Fine Arts Building, Suite 100		0	0
Thursday, October 24, 2019	4:00 PM	Conrad Prebys Aztec Student Union, Visionary Suite	Asian American Pacific Islander Coalition & (AAP)phany	18	16
Thursday, October 24, 2019	5:30 PM	North Education Building, Room 60		0	2
Thursday, October 24, 2019	7:00 PM	Student Services West 1500	Asian American Pacific Islander Coalition	17	15
Friday, October 25, 2019	10:00 AM	Fowler Athletic Center Auditorium		0	0
Friday, October 25, 2019	1:00 PM	Calpulli Center, 4th Floor Conference Rooms	Peer Health Education Trainees	17	17
Monday, October 28, 2019	1:00 PM	Conrad Prebys Aztec Student Union, Theatre	Professional Studies and Fine Arts College Council	11	10
Monday, October 28, 2019	5:30 PM	Tula Community Center	Residence Hall Association	29	28
Tuesday, October 29, 2019	5:30 PM	Black Resource Center	Collegiate Black Caucus of SDSU	29	14
Wednesday, October 30, 2019	2:00 PM	Conrad Prebys Aztec Student Union, Tehaunco Suite	SHAC/Students for Public Health	19	18
Wednesday, October 30, 2019	3:30 PM	Conrad Prebys Aztec Student Union, Theatre	Associated Students	52	42
Thursday, October 31, 2019	10:00 AM	Calpulli Center, 4th Floor Conference Rooms		1	1
Friday, November 1, 2019	10:00 AM	AMC A&B Classrooms		0	0
Friday, November 1, 2019	2:00 PM	Storm Hall 109	Elymash Yuuchaap	23	23
Monday, November 4, 2019	1:00 PM	Conrad Prebys Aztec Student Union, Theatre	College of Sciences Student Council	8	7
Monday, November 4, 2019	3:00 PM	Cuitacalli Suites Seminar Room	SDSU Ambassadors	87	65
Monday, November 4, 2019	5:30 PM	Pama Payne Goodall Alumni Center	Student-Athlete Advisory Council	32	31
Tuesday, November 5, 2019	4:00 PM	Tula Community Center		7	7
Tuesday, November 5, 2019	7:00 PM	Conrad Prebys Aztec Student Union, Park Blvd	International Security & Conflict Resolution Student Society	9	9
Wednesday, November 6, 2019	10:00 AM	Tula Community Center		7	4
Wednesday, November 6, 2019	12:00 PM	EOP Learning Support Center	EOP Student Advisory Board	38	34
Wednesday, November 6, 2019	3:00 PM	Conrad Prebys Aztec Student Union, Metzli		0	0
Thursday, November 7, 2019	12:00 PM	Conrad Prebys Aztec Student Union, Student Life & Leadership		19	19
Thursday, November 7, 2019	2:00 PM	Conrad Prebys Aztec Student Union, Theatre	Associated Students: Your Voice Matters	75	72
Thursday, November 7, 2019	4:00 PM	Calpulli Center, 4th Floor Conference Rooms	SISSTER & FratMANers	101	88
Thursday, November 7, 2019	5:30 PM	Center for Intercultural Relations	Womxn's Outreach Association	23	18
Friday, November 8, 2019	3:00 PM	Conrad Prebys Aztec Student Union, Visionary Suite	Chinese Student & Scholar Association	29	25
Tuesday, November 12, 2019	10:00 AM	Conrad Prebys Aztec Student Union, Theatre	Business, Engineering & Health and Human Services College Councils	5	4
Tuesday, November 12, 2019	3:30 PM	Conrad Prebys Aztec Student Union, Theatre	Associated Students: Your Voice Matters - CANCELLED	0	0
Wednesday, November 13, 2019	12:00 PM	Tula Community Center	Education Without Borders	12	9
Wednesday, November 13, 2019	3:00 PM	Conrad Prebys Aztec Student Union, Pride Suite	African Student Union	58	43
Wednesday, November 13, 2019	4:30 PM	Conrad Prebys Aztec Student Union, Pride Suite	The Black Student Science Organization	18	18
Wednesday, November 13, 2019	7:00 PM	Conrad Prebys Aztec Student Union, State Suite	Alpha Pi Sigma Sorority	6	5
Thursday, November 14, 2019	1:00 PM	Calpulli Center, 4th Floor Conference Rooms	Active Minds	27	22
Thursday, November 14, 2019	4:00 PM	North Education Building, Room 60		31	31
Thursday, November 14, 2019	6:00 PM	Conrad Prebys Aztec Student Union, Council Chambers	Graduate Student Association	9	6
Thursday, November 14, 2019	7:00 PM	Student Services West 1500	Aztecs for Education and Student California Teachers Association	20	17
Friday, November 15, 2019	11:00 AM	Conrad Prebys Aztec Student Union, Theatre	Arts & Letters, Education & Undeclared College Councils	10	8
Friday, November 15, 2019	1:00 PM	Conrad Prebys Aztec Student Union, Park Blvd	Andres Bonifacio Samahan	41	30
Friday, November 15, 2019	3:00 PM	Storm Hall West 011	Goodwin Scholars	21	18
Multiple	Multiple	Test Center	N/A	8	8
				1158	1008



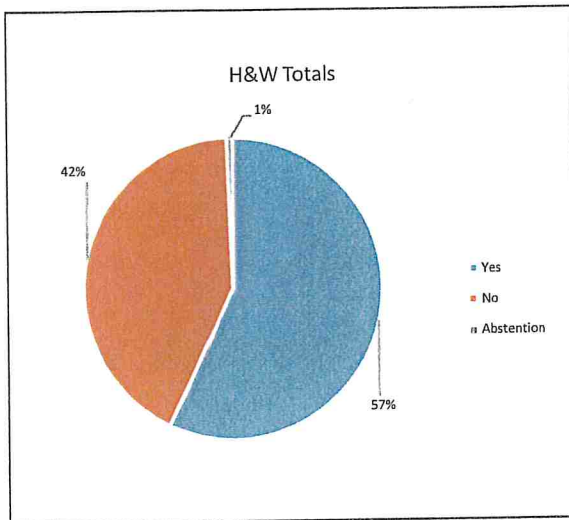
# FALL 2019 ALTERNATIVE CONSULTATION OPEN FORUM RESULTS SUMMARY

## ATTENDANCE SUMMARY

Total Enrolled Students (Fall 2019)	Total Student Attendees	Total Feedback Received	Response Rate	Total Enrolled Students Attended	Total Enrolled Student Feedback Received
34031	1158	1008	87.05%	3.40%	2.96%

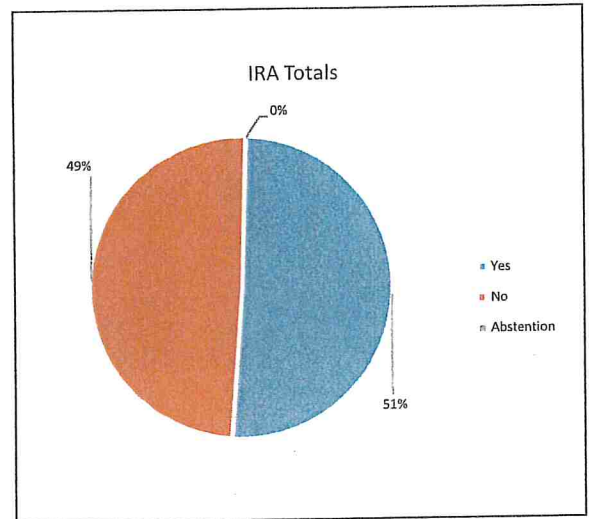
## H&W FEEDBACK SUMMARY

Yes or No	H&W Totals	Pct
Yes	575	57.0%
No	427	42.4%
Abstention	6	0.6%
Grand Total	1008	100.00%



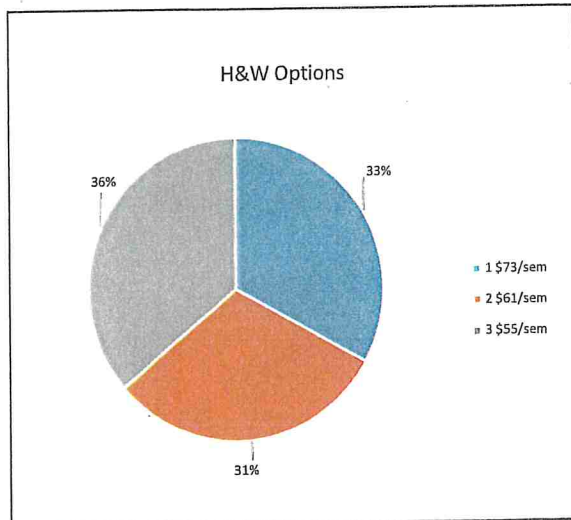
## IRA FEEDBACK SUMMARY

Yes or No	IRA Totals	Pct
Yes	510	50.6%
No	497	49.3%
Abstention	1	0.1%
Grand Total	1008	100.00%



## H&W OPTION SUMMARY

Option	H&W Totals	Pct
1 \$73/sem	190	33.04%
2 \$61/sem	177	30.78%
3 \$55/sem	208	36.17%
Grand Total	575	100.00%



## FEEDBACK COMMENTS

This just seems like the easy way out for the university. It makes us students lose faith in the true intentions of the university and its priorities. Why propose the ARC fee and Mission Valley last year before mental health? Why invest money in something that only makes the university look good, look new, look flashy. Mental health and well-being is objectively more important than expanding the ARC or building a new campus. It's shady and makes the university look dishonorable. The university - if it really cared - would shoulder the fee increases instead of pushing it off onto students. Student fees is a lazy, easy answer for the university to say they care when they truly are doing nothing additionally to help us students.
Mental health should be a school allocated program, not put on students; this puts a target on minority students' backs because students that don't use these centers might get upset about having to pay for minority centers, causing backlash
Why are we begging students C&PS? Why isn't proper funding already included in the budget? These students who can't afford to find a difference therapist off campus and rely C&PS won't be able to afford these increases either.
This is more important than building a new dorm. Allocate your money better!
Would be good to offer long term treatment rather than sending out to other places; Very expensive
Please go paperless next time! A Google form would be nice.
Fee increase will have more stressful consequences. Instead of increasing fees, the centers should focus on managing money appropriately; I feel like the counseling center has failed me and many of my friends and I don't think it's related to money and the amount of therapists.
Why do we need a new ARC??? Find the money somewhere within our fees.
Allocate your funds wisely (instead of ARC renovations and President's inauguration) and stop making higher education inaccessible *for students that are already underserved*
I agree/support the programs. But these are things that SDSU should already be providing, not billing students for. If their thought is "they don't have enough money," then readjust the budget that allowed the President to build an unnecessary garden and give herself a raise.
How can you expect students to fund \$5.5 million into a state school? Go ask the government; The resources are important and necessary, but stop asking students for more and more money every year. This is a state funded school, use your resources (aka government).
Cut executive salaries to help pay for some of this too.
The school should pay for it. Apply for Federal aid.
Such a fee increase serves the continued marginalization of such communities; Mental health is a structural issue, not an individual! School produces anxiety and stress, namely tuition! Offering more services is simply reactive, not proactive.
Holding an alternative consultation is very beneficial. In the future if referendums can be avoided, that would be best. I still am not happy with the ARC referendum passing. The difference of votes between allowing the ARC expansion passing were only a few hundred. If more alternative consultations were used to inform students, that would truly allow people's choices to be heard.
I want more funding for psychological services and resource centers, but I as well as most other students cannot afford this. We don't understand why this is coming out of our pocket. We see million dollar buildings being built and don't understand why the university prioritizes new buildings over new services. It makes the students resent the university and feel like they are getting ripped off.
Please do try online booking!
I am already a student that needs financial aid and still need more money to pay what I owe. I have also needed counseling before and to have heard that there is a waitlist is hard because I would like the counseling services but can't afford this expense.
I feel it would be beneficial to take a wider poll of SDSU students regarding this fee increase - the groups here are not representative of the whole.
Find funds elsewhere
Makes no sense to say these funds will help financially for other students into a fund. Why increase fees when this will be another financial stressor which will then lead to the need for counseling?
People come to this school and expect resources. It shouldn't be on our backs to pay when we don't have money. I can't afford to be here. Why should I pay more for resources that should already be at the school?
RIDICULOUS. DISGUSTING. LOWKEY... I'm dealing with so much already trying to graduate and EXIST. Now this? Nah
Email me when you all are ready to have a constructive dialogue about my future and education. Ask yourself. Why are we charging students for resources that we don't have? DO NOT HAVE!
I believe that 3% return to aid will not support all the students that will need aid.
With 83% of undergrads using financial aid, the 3% will not support the students that need help paying this fee. Students are under enough stress trying to pay for school, don't make it worse.
I believe these fees should be absolutely last resort and I think there are multiple avenues to take to tackle these funding shortfalls. Instead of creating a fee, each party asking for this funding along with the University should put together an ad hoc committee to discuss and explore all the possibilities before asking students to pay more for the services they deserve at the basic level when coming to SDSU. Students, faculty and staff have a lot of knowledge and connections and when banded together I believe another route for the funding could be found and pursued.

## FEEDBACK COMMENTS

As a A.S. representative for SDSU, I would recommend no fee increase right now, for so many reasons that students are struggling to pay despite they have FAFSA, scholarships and work. Student debt is a concern for every person here are SDSU. Although, they are working students are facing a lot of hardships with their studies and every day financial status. I'm FAFSA dependent not working if the amount of money is added I feel more concerned how to focus on my studies. Student health and mental services fees are not supposed to be passed because all anxiety and stress coming up from the debt and financial concerns.
The fee increase would be very beneficial for students. However, I simply cannot afford any of the options. I do not get scholarships and financial aid opportunities as I am International. It is also disheartening to see the IRA fee wont go toward the ISC which is in desperate needs for funds and international students need resources as they struggle with ... in comparison to domestic students. I feel really bad about my choice saying no to new fees but I can barely support myself now. Also in 2021 \$390 rec fees start too so that is over 600 of fees if this new to get through. However, I will support the choice of SDSU students because every single student opinion is important.
Revisit the Athletics fees within IRA first before you burden students with more fees. Add hiring more counselor/therapist for specific communities of color into this Health and Wellness fee, then market that. Communities of color deserve therapist/counselors from their respected communities.
92% of the current IRA fee is going to Athletics when not even half of the students play a sport, is ridiculous. This issue and how things are divided up really needs to be revisited. ASAP.
I would like to bring up how much of the current IRA fee goes toward Athletics and why we cant redirect some of those funds to resource centers.
As a former student Athlete, I understand the necessary measures and ideas concerning arts/liberties vs sports. However, I think 92% of a single fee meant to serve all students going to a very privileged and select group is ridiculous. I would very much like to discuss reallocations of what gets what, even with the fee increase I would support this.
These fees work on a model which puts a financial burden on students in order to ask them to succeed. The role of the university is to help students succeed not ask marginalized students every year to pay the university on top of their tuition to excel and help every other student identity excel.
Mental health is super important, having enough resources is vital.
These fees should be optional; If I can't use these why would I pay for it?
With this there needs to be greater outreach from CPS about their services so the new therapists will be receiving patients.
Maybe create centers one at a time
Incremental help rather than a huge jump in prices, i.e. eventually reach 1:1000 ratio.
Add resource centers systematically, i.e. one at a time with fees that are already available, rather than increase student fees to add three centers at one time.
Where would these resource centers be? Seems like a bias in the population selected.
Why is the ARC and Mission Valley being prioritized over student health?
How would creating all of these "resource centers" benefit student inclusion?
This is not a fair process and the timing is horrible. Full time students with jobs don't have time for this. This is a shady way to increase tuition; it all adds up when it's time to register for classes. Higher mandatory fees increase stress. As minority group member I am not interested in a minority center, so I don't want to pay for one.
While only being allowed to mark one option for the Student Health & Wellness fee, I would like to add that any of the fee increases would be appropriate. I marked the middle choice because I believe a middle-grade increase could help alleviate the financial struggle for students while also still positively impacting C&PS. However, I would also support the lowest fee increase and the highest. I think it would be inappropriate and detrimental to the students to not increase it at all. The current situation is unacceptable.
As a first generation college student born and raised well under the poverty line, that is eligible for and receives the Pell grant, I cannot understand the idea of raising mandatory fees at an already expensive university. Instructionally Related Activities should NOT have an increased mandatory fee, but should be donation based. This measure would directly and negatively impact the very students that the measure is trying to help. For many financially struggling students, \$40 of additional fees may not be feasible. Even after Pell grant and maxing out my personal loans, I have to come out of pocket for school costs. Causing additional financial strain on already struggling students is burdensome and unnecessary. On the presentation, the slide for 6 year graduation rates was misleading. The overall 6 year graduation rate is 75.3%, not 77%. 77.1% is the 6 year graduation rate for non-Pell students. The 3% set aside for financially struggling students seems woefully insufficient. 1 in 10 CSU students face housing insecurity. Many students at SDSU face food insecurity. Is this benefit going to be very obvious and easy to apply for? Will it be easily accessible, or will the fund be rarely tapped into due to students not being informed of its existence?
These services are extremely important and we can all recognize the need to have more funding, but I do not feel it is fair to ask students to pay.
Please look for other financial support if possible. Present need to university and show that these should be supported.
These are things all students at SDSU are entitled to. Yes this is going to create an additional "financial hardship" which wouldn't exist if the the school stopped making their students continuously pay for things we deserve. The school will find a way to pay for anything that creates revenue but because this isn't something that is going to bring money to the school, the school doesn't care.



## FEEDBACK COMMENTS

As the number of students increases, the money the school receives does too. So where is this money going? Instead of making 3 new resource centers why not make one that will be open to all students? Also, not everyone uses these programs, so why is everyone required to pay? Not everyone has the money for these fees and there is no guarantee that they will get assistance from the school to pay for them.
I feel as a public institution, the funding for these programs and centers should come from the state as opposed to the pockets of students. It seems a bit counterproductive.
Since the whole presentation was about improving mental health and resources on campus then you are aware that adding more than a \$100 fee on each student is a lot. If the school can afford a \$86.2M expense buying the Mission Valley site and rebuilding the ARC then there should be funding for these things anyways. I'm going to graduate before I can use any of it, yet I will be paying the money which seems unfair.
So this feels like we are voting but in the end you will do what you want?
Seems misleading to act like we can vote but it's "feedback"
How about an East Asian Center?
It is great that you all are looking to "help" and "serve" us with these resources, but why must I be paying for a resource that as a campus claim that is free for me? Look into other departments to reallocate funds rather than asking broke college students for more money that we do not have. Whoever is in charge of reaching out to donors either needs to be changed or work harder! There are ways to get donations for resource centers, mental health resources, etc. because I can promise you there are people who care more about the students as a whole than just making sure the state's prestige stays intact when it comes to sports and athletics. Do not ask us for money that we do not have. Thank you.
Sorry but paying for food and education is already expensive and students should not have to pay for resources that should already be appointed and available to us. Thank you.
Reallocate the money from other places! I can barely afford what I pay now. Sports and athletics don't need as much money as they're getting.
As a student at SDSU, I do not understand why my funds being paid to SDSU are going towards athletics rather than my well-being both culturally and academically. What if the fees collected do not cover/work for the well-being of students? Why aren't fees from students going towards diversity and cultural efficiency from SDSU? Students shouldn't need to pay SDSU to support its students! If fees are given to Counseling & Psychological Services, are our students truly going to be provided with the services to benefit the student body? SDSU students don't have more money to give the university -- we don't have the funds. Find it somewhere else. A forum has been open about athlete fees since 2009 -- why are these \$55M funds still sitting in the the sports department?
I do not support.
I am broke.
This university has too much money to be asking students for money for these fees. Do more investigation, look elsewhere, especially athletics, and help students. Y'all sound broke.
I do not understand how we are presenting statistics about student wellness and stressors but are asking students to come out of pocket, equating to more stress. Why are we not proposing for people who are able to pay to pay it?
My "no" vote on this tuition increase does not mean a "no" on expanding programs and funding for current and opening centers. My "no" is on the university, once again falling back onto students and expecting us to pay for spaces that the university has failed to allocate funding for in the first place. I voiced my opinion to Jessica Nare alongside my colleagues at the Black Resource Center that this forum should have been reconsidered before asking students to, again, go out of their way to fight for spaces that the university should have already provided as a resource. Thanks for another burden. And by the way, financial aid ain't helping me -- y'all already taking my grants!
As well as establishing these services, we need to make these services more well known (e.g. announced on Blackboard with information on what these resources provide). I am a graduating senior and have never been to the Women's Resource Center because I didn't know about until this year.
So we are paying fees plus fees for students who can't afford it? Demand for crisis intervention has increased due to a lot of traumatizing events happening on campus; minimize fraternity activities and minimize discrimination/hate crimes. Isn't there a state revenue surplus?
It is completely unreasonable to ask students to continuously increase their fees to support a university that does not have their best interest in mind. Without transparency and reallocation of funding, it is difficult to trust SDSU with more funding that I will struggle to provide.
No models showing prospective income and where each dollar will be going specifically.
Personally, I don't agree with this increase. I am a DACA student who gets limited financial aid and I need to pay out of pocket. As a Biology major I am required to buy all my textbooks (no renting) therefore, adding a new fee would increase my financial stress in paying for tuition.
As a student in the LGBTQIA community who has faced crises during undergrad, I don't know where I would be without these services on campus. My junior year I planned to drop out due to homelessness but Counseling & Psychological Services gave me the resources to stay.

## FEEDBACK COMMENTS

I don't know if anyone will actually read this but in the rare chance of it being taken under consideration...I have to work at my job a lot to be a student here. You say your goal is to have us graduate on time, but I don't see that to be true for my case at least. I'm going to have to work more days in order to pay for more fees which will result in the postponement of graduation. More days working result in more days and time I'd have to study and graduate. I already struggle to pay. Please don't have me pay more for something that does not apply to me and others.
I think we should have the option to vote to take funding out of sports and put into these programs.
This is an inequitable solution. Don't punish the underprivileged because it hurts them more.
Centers had 18,438 total visits, of that how many were grad students? O... Moving forward how do these centers plan to include grads since we will be paying and already do pay these fees?
It's not that I don't want these organizations to gain funds. I would just like money to get disbursed more appropriately, instead of students spending more money we don't have.
This process and timeline feels really rushed, I think that there should have been more time or extend the forums for a couple of weeks to allow students to provide more input. I also think there needs to be more trust between the students and administration.
I think all students should get to vote. Less than 5% are making this decision. I don't think this is fair for international students who are not eligible for financial aid and already pay by unit. We would be paying and financing for others, when it's already hard to be in the U.S. without an income, scholarships, and the public aid available for residents and citizens.
I don't believe enough focus was put on diversifying funding sources. The person working on getting funding from alumni needs more support to do better. A.S. hasn't been involved, potentially fund from them. Get a commitment from the President to fund centers, there is money. Maybe stop admitting more people or creating more courses. We need to take care of the students we have. We are already going to be paying close to \$1,100/semester! Not that affordable CSU :(

## EMAIL COMMENTS

I feel you have missed the mark here. Most students have private insurance through their parents. In CA the limit for dependency on parents insurance plans is 25 years old. Start a marketing campaign for kids to access their parents behavioral health plan. If they have no insurance, then you provide it for them.

Please do not pass on this liability to the students who are already over burdened with your fees.

Please decrease the annual salaries of your presidents and vice chancellors to offset your costs.. You consistently push the burden of your mismanagement of funds to the students and their parents. You are the reason why college costs 100k per student. You are the reason high schools are creating pathways to circumvent college.

You are the reason students live with college debt for decades. Yet you still do the same thing. That is the definition of insanity.

In closing, If I ran my real estate business like you ran your college, I would be bankrupt.

There is no need to reply. I know you will do nothing. You don't have the creativity to even begin to put a plan in motion to solve this issue.

I am against the price increase, some students are struggling to even pay the current price, the increase would put students in an unstable financial situation.

Stop charging more money for things like this. Kids can't pay for school already. How about make things cheaper.

Hello, my main concern is that I and many our students don't use these resources, whether it's due to time that students can't go even if there was more spaces available, many students have to work. Also those students who have no relation/ connection or use for these resources, seems like we are paying for others to use something many won't for whatever reason or have these resources fulfilled outside of school. Personally I work when ever I'm not in school and don't have time in between classes, but also I have the privilege that my work pays for counseling if need be.

How can we protest or oppose the proposed fee increases? They are monetarily significant, and would do more harm than good.

Hello President De La Torre,

I wanted to update you on my experience voting on the proposed fee increases (Student Health and Wellness Fee and Instructionally Related Activities Fee). I submitted a form opposing the fee increases by physically going into the testing center according to the instructions on [sdsu.edu/alternativeconsult](https://sdsu.edu/alternativeconsult). I had to physically go to the SDSU testing center and watch a very biased 25 minute video before the staff let me turn in the form there. The video was very one sided and biased in favor of the fee increase. Also before I even watched the video the staff gave me a form to read that said the final decision was up to you and had the same information that was on the website. They did not let me use my own headphones even to watch the video. I asked one of the staff if I could use my own headphones. He told me to wait and asked his manager. His manager then probably asked the boss of the department because she was gone for awhile. In the end, they said no, that I could not use my own headphones to watch the video. I relented and used the testing centers uncomfortable over the ear headphones that squeezed my head. My vote is cast opposing the fee increase. You don't have to respond if you don't want to, I just wanted to let you know how biased, improper, and difficult my experience was just trying to submit my opinion regarding the proposed fee increases.

**Fall 2019**  
**Alternative Consultation**  
**...**  
**San Diego State University**



# Presentation Outline

- Alternative Consultation
- **Two** Proposed Fee Increases
- Feedback Submission & Q&A

*The presentation will last approximately 30 minutes  
with discussion to follow*



**Student Health and  
Wellness Fee**

**Instructionally Related  
Activities Fee**





# Campus Fee Advisory Committee

- ❖ *Comprised of students, faculty, staff and administrators*
  - **Majority are Students**
- ❖ *Advisory to the President*



# Alternative Consultation Process

- *CFAC recommended, President approved*
- *Open Forums*
  - *Engage in a meaningful process*
  - *Address questions*
  - *Feedback to measure student opinion*

---

*CFAC* → *President* → *Chancellor*



# Health & Wellness Fee

## *Mental Health and Your Success*

- Higher GPA's
- Higher retention, faster graduation
- Better cognitive functioning overall



## Mental Health at SDSU

- 73% felt *very sad* in past year
- 68% felt *overwhelming anxiety* in past year
- Highest reported impairment of academic functioning:

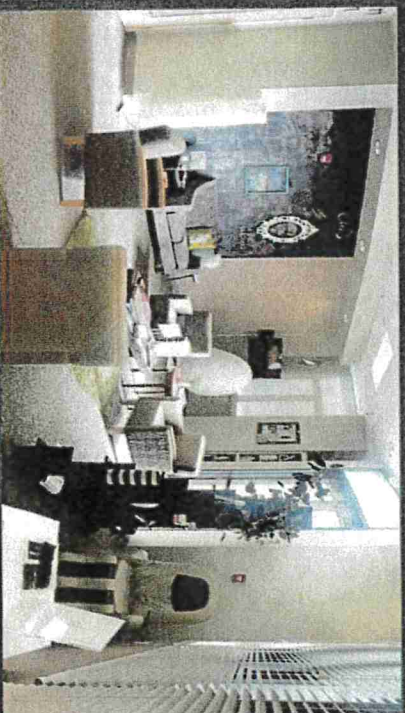


Source: National College Health Assessment 2018



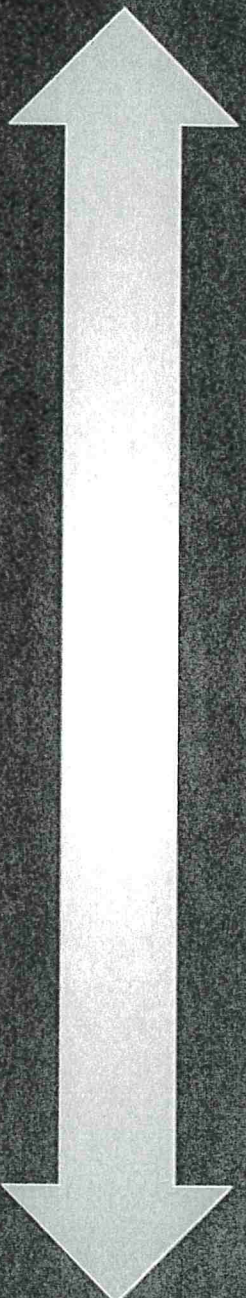
# Counseling & Psychological Services

Academic - Personal - Social - Career





# Counseling & Psychological Services



Prevention

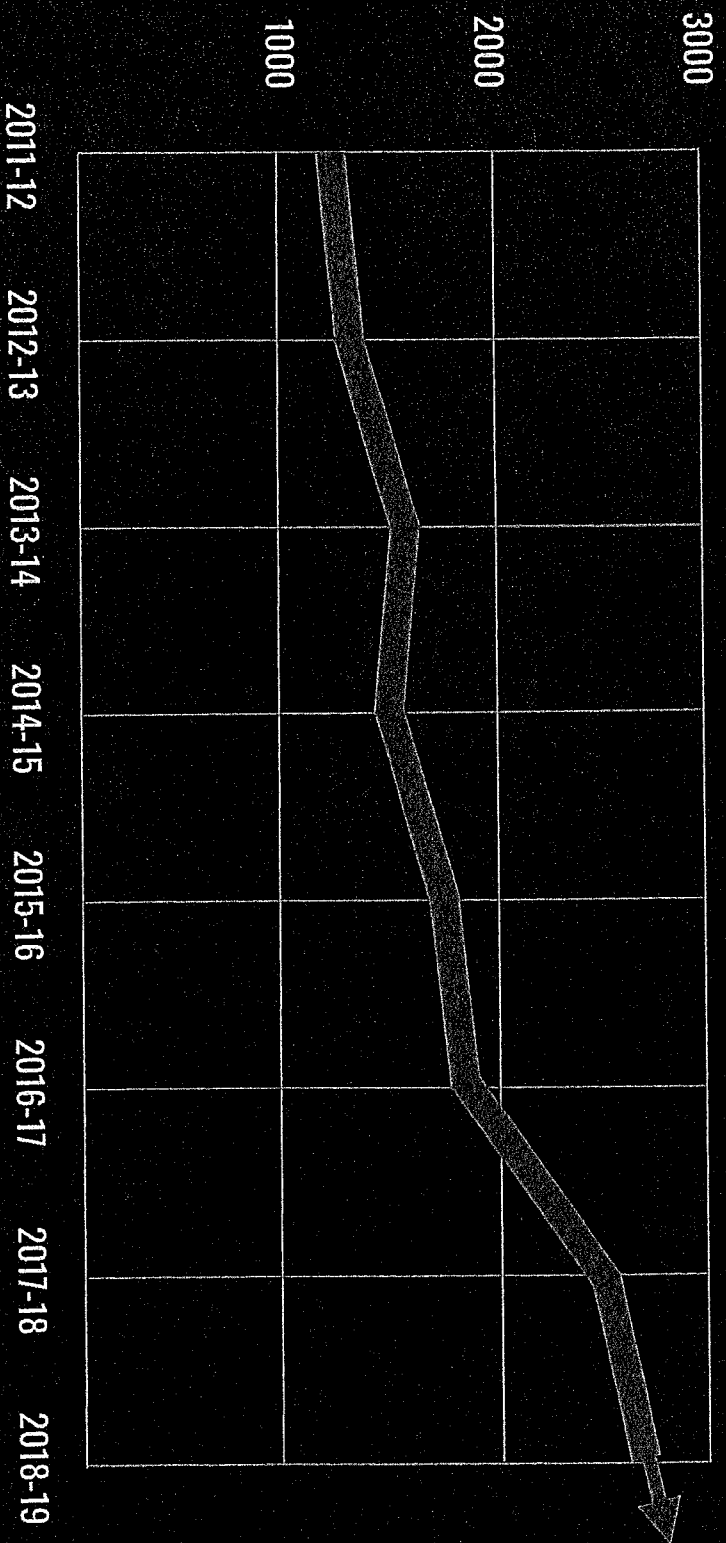


Intervention

Crisis  
Management



# C&PS Utilization - Requests for Service

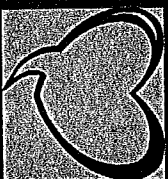




# C&PS Utilization - Demand for Crisis Services







## Students Say ...

"I was struggling with a number of issues at the beginning of my sophomore year. I worked with a great counselor at C&PS, who gave me a safe space to sort out all of my thoughts and give me non-biased advice. My counselor gave me confidence and made me feel like myself again. I don't think I could have gotten through my sophomore year without it."

"I was planning on transferring home for the way I was feeling, but with the service provided I have decided to stay here to further my education and I have a much more positive mindset all together."

"... unfortunately some of my friends who needed help from C&PS were not able to receive it, due to high wait time for appointments. If there is one thing that C&PS could do to improve their services, then please do bring in more counselors."

Current C&PS Therapist-to-Student Ratio

1:1800

National Best Practice

1:1000

1:1500

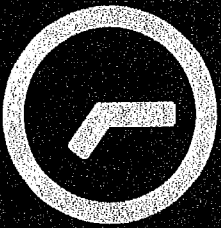


**iaccs**

INTERNATIONAL  
ACCREDITATION  
OF COUNSELING  
SERVICES

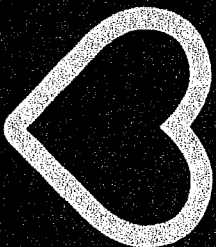
Inspiring excellence in student mental health care

# How Will You Benefit?



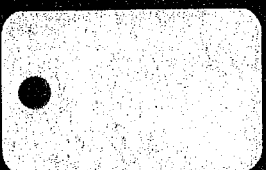
## Improved access

- Reduced wait times
- Additional counselors



## Case Managers

- Personalized Service
- Care Navigation



## After-hours access

- Dedicated access line



## Three Fee Options

The proposed choices are:

**\$73 for 1:1000 ratio**  
**\$61 for 1:1300 ratio**  
**\$55 for 1:1500 ratio**

*Annual fee increase based on Higher Ed Price Index (HEPI) starting in fall 2021*



# Instructionally Related Activities Fee



SAN DIEGO STATE UNIVERSITY  
BLACK RESOURCE CENTER



SAN DIEGO STATE  
UNIVERSITY

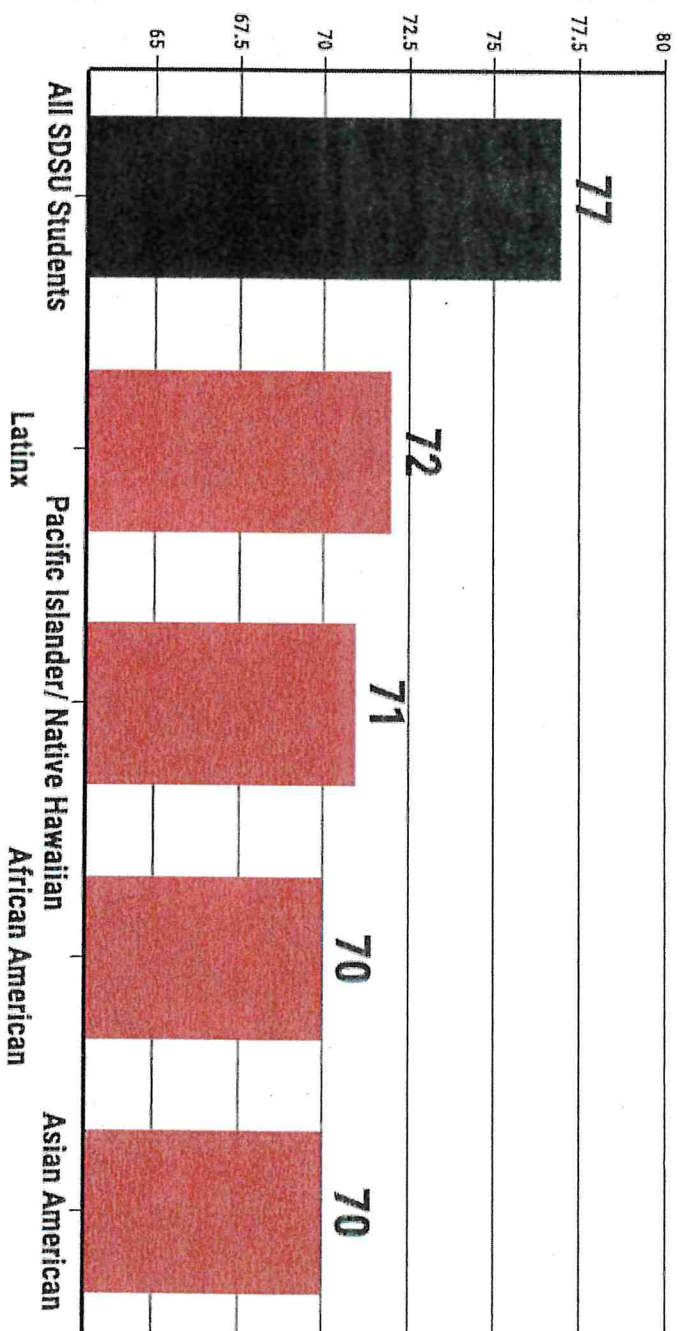
Center for Intercultural Relations



Serving SDSU's LGBTQ+ Communities



# SDSU's 6 Year Graduation Rates



Source: San Diego State University Analytic Studies and Institutional Research





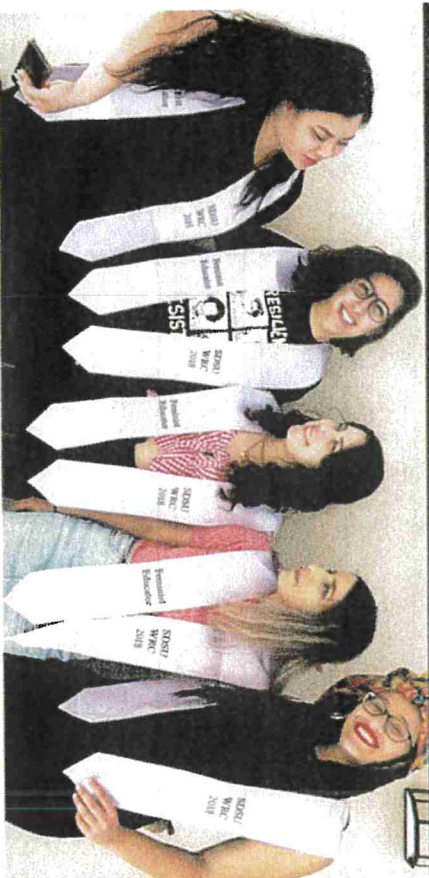
Black Resource Center



Center for Intercultural Relations



Pride Center



Women's Resource Center



# How do the Centers Support You? Academic Support Systems

Students surveyed in the Henrietta Goodwin Scholars Program, Women and Gender Equity Program, and Pride House report:

- Feeling a strong sense of belonging on campus as a result of their participation in the program
- That their first year experience program eased their transition to the University
- The academic support systems offered by the centers helped them to positively explore their identity on campus



# How do the Centers Support You? **Campus-Wide Training**

- Brave Project
- SafeZones LGBTQIA+ Ally Training
- Diversity Awareness Certificate





# How do the Centers Support You?

## Community Building

- Physical centers where students can study, eat, meet
- Host student org meetings
- Last year, the centers had 18,438 total visits!!



# How do the Centers Support You?

## Student Focused Programming

- Last year, the Centers offered:  
276 programs, which were  
attended by 11,187 participants

**TRAUMA INFORMED YOGA**  
with Patricia Gray

2:00-3:00pm @WMC  
February 9, March 9, April 13, May 11  
WMC Resource Center

**boss ass womxn**

NO EXCUSES.  
NO REGRETS.

ACADEMIC PRODUCTION COMPANY  
PRODUCTION AND POST PRODUCTION  
WOMEN

FEAT. FEB 27 MARCH 20 APRIL 13 MAY 11  
SAVE THE DATE

**MamaScholars**  
Nothing in Academia Series

March 22  
MARCH 22  
MARCH 22  
MARCH 22

**CARE WITH WOMEN OF COLOR**

WOMEN OF COLOR  
CENTER FOR INTERCULTURAL RELATIONS

**DRAGWOMANZA**

WOMEN OF COLOR  
CENTER FOR INTERCULTURAL RELATIONS

**Stonewall 50 Legacy of Liberation**

STONEWALL 50  
LEGACY OF LIBERATION

**ERASURE OF CENTRAL AMERICANS**

ERASURE OF CENTRAL AMERICANS  
CENTRAL AMERICAN STUDENT ASSOCIATION

**BLACK 365**  
CELEBRATING BLACK HISTORY EVERY DAY

WEEK FOUR

**Zao To Me Bone**

Center for Intercultural Relations



"The Pride Center has been my home since I came to SDSU. Without it I'd never have such a strong community bond or be as involved on campus. The work it does in creating space, offering support, and providing education is indispensable."

"The WRC is a home. Yeah it's a center, but it's such a safe and welcoming place to be. It has a couch you can nap on and then a living room where you can share your thoughts on the day or your life. There's a room full of endless eye opening literature, but most importantly it's the community of people at the WRC who have helped me to feel like I belong at SDSU."

"As a transfer student who was new to SDSU, the BRC quickly became my second home. Although Black folks are only 4% of the campus, the BRC is somewhere I feel like I can be myself and feel supported by my peers. This is a place for us to thrive together and motivate each other at all times whether that is to study, socialize, or just connect with one another."

## **What Students Say About the Centers**

**APIIDA**



**NATIVE RESOURCE  
CENTER**

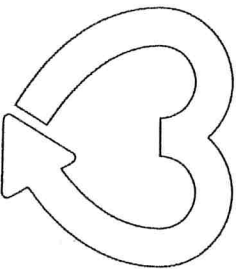
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**New  
Centers  
Proposed  
By Students.**

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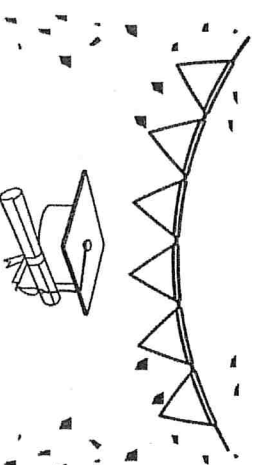
Expanded services  
in the BRC, CIR,  
Pride Center, and  
WRC



Funding to open the APIDA  
Space, Latinx Resource  
Center, and Native  
Resource Center



Increased programming  
funds, additional academic  
support resources, more  
student employment &  
engagement opportunities



## **\$40.00 Proposed Fee Increase**

Annual fee increase based on Higher Education Pride Index (HEPI) beginning in Fall 2021



## Your Community - Your Success!

### *Financial Assistance is Available*

- Financial Aid & Scholarships
  - Mandatory Fees
  - Included in SDSU's Cost of Attendance





**Your Community - Your Success!**

***Financial Assistance is Available: Return-to-Aid***

- **3% of funds** are set-aside to support students experiencing a financial hardship

- Student Health & Wellness Fee:

Option 1: **\$151,305** - Option 2: **\$126,315** - Option 3: **\$113,925**

- Instructionally Related Activities Fee: **\$83,370**

***Will support up to 2000 awards annually***



# Your Feedback

## FEEDBACK FORM

(Please complete for each term)

SDSU Card ID Number \_\_\_\_\_

☐ Undergraduate

☐ Graduate

### STUDENT HEALTH & WELLNESS FEE

Current fee is \$160 per semester. \$110 in summer. Proposed fee increase effective fall 2020.

(Please make only one selection; check the box next to your choice.)

☐ **OPTION 1** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$73

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1000) and additional case managers and a dedicated 24-hour SDSU access line.

SPRING \$73

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1000) and additional case managers and a dedicated 24-hour SDSU access line.

SUMMER \$27

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 2** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$61

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1300), the addition of case managers and a dedicated 24-hour SDSU access line.

SPRING \$61

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1300), the addition of case managers and a dedicated 24-hour SDSU access line.

SUMMER \$22

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 3** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$45

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SPRING \$45

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SUMMER \$20

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 4** NO FEE INCREASE

**FEE WOULD REMAIN \$160 PER SEMESTER, \$110 IN SUMMER.**

Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.

Current fee is \$160 per semester, \$110 in summer. Proposed fee increase effective fall 2020.

(Please make only one selection; check the box next to your choice.)

☐ **OPTION 1** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SPRING \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SUMMER \$17

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 2** NO FEE INCREASE

**FEE WOULD REMAIN \$160 PER SEMESTER, \$110 IN SUMMER.**

Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.

(Please make only one selection; check the box next to your choice.)

☐ **OPTION 1** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SPRING \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SUMMER \$17

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 2** NO FEE INCREASE

**FEE WOULD REMAIN \$160 PER SEMESTER, \$110 IN SUMMER.**

Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.

(Please make only one selection; check the box next to your choice.)

☐ **OPTION 1** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SPRING \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.

SUMMER \$17

**INCREASED FUNDING SUPPORTS**

☐ **OPTION 2** NO FEE INCREASE

**FEE WOULD REMAIN \$160 PER SEMESTER, \$110 IN SUMMER.**

Beginning in fall 2021, annual fee increase would be based on Higher Education Price Index.

(Please make only one selection; check the box next to your choice.)

☐ **OPTION 1** AMOUNT OF INCREASE

**INCREASED FUNDING SUPPORTS**

FALL \$40

Greater access to mental health services via an increased number of therapists (therapist-to-student ratio 1:1500), the addition of case managers and a dedicated 24-hour SDSU access line.



# Questions?

...

Mark Your Feedback on **2** Proposals  
Submit Your Form

[sdsu.edu/alternativeconsult](http://sdsu.edu/alternativeconsult)



**SAN DIEGO STATE UNIVERSITY**  
**PROPOSED INCREASE OF STUDENT HEALTH AND WELLNESS FEE**

**Executive Summary**

A proposed Student Health and Wellness Fee increase (currently referred to as the Health Services Fee) shall be determined through a series of public forums and consultations with interested, regularly-enrolled students at San Diego State University, except those exclusively attending Imperial Valley Campus. The Student Health and Wellness Fee increase amounts for consideration are \$55, \$61 or \$73 per semester (during fall and spring) and \$20, \$22 or \$27 for the summer term beginning fall 2020. Moreover, it is proposed that the total Student Health and Wellness Fee be adjusted annually by the Higher Education Price Index (HEPI), beginning fall 2021. Revenue generated from this proposed increase will sustain existing, and allow the hiring of additional counseling faculty and staff to meet the mental health needs of SDSU students.

**Open Forum Times**

Please visit [sdsu.edu/alternativeconsult](https://sdsu.edu/alternativeconsult) for the most current list of scheduled forums.

**Background**

Basic mental health services are provided on campus to enhance the academic performance of matriculated students and to facilitate their retention. Mental health problems can impact students' concentration and focus, overall mental ability, energy level, and optimism, hindering academic performance. As an example, depression is associated with lower grade point averages and has been linked to dropping out of school.

Counseling & Psychological Services (C&PS) has a demonstrated commitment to serving students in comprehensive ways along the continuum of care from prevention to intervention to management of imminent crises. Tens of thousands of students have been assisted by the department via the robust and innovative clinical services, provided both inside and outside the office. Since 2011, the number of students seeking C&PS services has increased by over 100% and the demand for crisis intervention has increased by 170%. To improve coping and other skills to improve academic success and prevent the occurrence of crises, programming provided along the entire continuum of care should continue. Of note, crisis services, since they cannot be postponed, negatively impact wait times for scheduled treatment appointments. These increases are occurring across the U.S. and are predicted to continue in future years.

The service delivery model at C&PS focuses on strategic outreach to the campus community. To effectively engage in prevention, programming must occur outside the office via presentations, facilitated interactions, drop-in informal consultation, and many others. Although the clinical services in the office are heavily utilized, reaching students in non-traditional ways who may be reticent to seek professional help in the department, is a strong value.



It is important to impact the campus at the community level, engaging all partners. C&PS faculty therapists provide training for faculty, staff, and students to support students in distress and connect them to resources.

### **Uses of Health and Wellness Fee Revenue**

This alternative consultation process seeks student input regarding the proposed increase of the Health and Wellness Fee, effective fall 2020, between \$55 and \$73 per semester (fall and spring) and between \$20 and \$27 for the summer term (see Financial Analysis). The additional revenue will allow the University to sustain existing and hire additional counseling faculty and staff to meet the mental health needs of SDSU students through improved access and increased outreach and programming.

C&PS is accredited by the International Association of Counseling Services (IACS), which provides guidance regarding the standards of practice for mental health services in the university setting. Increasing counseling center staff will allow the University to attain the standard set forth by IACS, which is a ratio of one therapist to between 1000 and 1500 students. The current C&PS therapist-to-student ratio falls short of the standard, impacting the services offered. The current ratio for fall 2019 is 1:1813.

While the current ratio falls short of the standard, this ratio has improved in recent years, a result of increased funding from the Student Health and Wellness Fee (currently referred to as the Health Services Fee). This fee is currently \$150.00 per semester and supports services offered by Student Health Services, Counseling & Psychological Services, Well-being & Health Promotion and Student Ability Success Center.

The therapist-to-student ratio has increased steadily since 2015 when it was 1:2857 as compared to the current 1:1813. Investments have been made in recent years to hire additional therapists in an attempt to address rapidly growing demand. The increase in demand has outpaced the investments. Moreover, the budget cannot sustain the investments and additional funding is needed to support the existing staffing levels and augment the department with additional staff to best serve the needs of SDSU students.

### **Summary of the Issue**

A recommendation in favor of the fee increase means:

1. Beginning fall 2020, the Student Health and Wellness fee will increase to an amount between \$55 and \$73 per semester (fall and spring) and between \$20 and \$27 for summer term and will be adjusted annually by the Higher Education Price Index (HEPI), beginning fall 2021.
2. Increased access to mental health services on campus, including reduced wait times for treatment.
3. Additional primary prevention, intervention, and consultative program offerings.
4. An increase in the number of therapists will allow for greater diversity in the range of services provided, areas of expertise, theoretical modality and race and ethnicity in the department.

A recommendation in opposition to the proposed increase of the Health and Wellness fee means:

1. The Student Health and Wellness Fee will remain \$150 per semester (fall and spring) and \$110 for summer term.

2. Access to mental health services will become more impacted, as demand for treatment and crisis services rises.
3. Preventive and consultative program offerings will be reduced, to divert necessary resources to supporting immediate crises.
4. Revenues from an increased fee will not be available to support counseling faculty positions therefore existing ratios will be maintained or may decrease.

### Financial Analysis

The proposed adjustment to the Student Health and Wellness Fee (currently referred to as the Health Services Fee), if adopted, will increase the fee, not including students exclusively attending the Imperial Valley Campus, equal to \$55, \$61 or \$73 per semester (during fall and spring) and equal to \$20, \$22 or \$27 for the summer term beginning fall 2020. It will be adjusted annually by the Higher Education Price Index (HEPI), beginning fall 2021.

The Student Health and Wellness Fee (currently referred to as the Health Services Fee) is currently \$150.00 per semester and supports services offered by Student Health Services, Counseling & Psychological Services, Well-being & Health Promotion and Student Ability Success Center. If this fee increase is approved, the Student Health and Wellness Fee (currently referred to as the Health Services Fee) will be adjusted from \$150.00 to either \$205, \$211 or \$223 per semester (fall and spring) and from \$110 to \$130, \$132 or \$137 during the summer term.

*This proposal will also include a 3 percent return to aid component to help to offset the impact of this fee increase.*

### Current Student Health and Wellness Fee (currently referred to as the Health Services Fee):

		Health and Wellness total fee with proposed increase, effective fall 2020			
	Current Fee	Option 1 - 1:1500 student to therapist ratio \$55 increase for fall and spring; \$20 for summer	Option 2 - 1:1300 student to therapist ratio \$61 increase for fall and spring; \$22 for summer	Option 3 - 1:1000 student to therapist ratio \$73 increase for fall and spring; \$27 for summer	
Fall	\$150	\$205	\$211	\$223	[a]
Spring	\$150	\$205	\$211	\$223	[a]
Summer	\$110	\$130	\$132	\$137	[a]

[a] Annual fee increase based on Higher Education Price Index starting in fall 2021



## Fee Revenues

### Option 1:

A fee increase to support mental health of \$55 per semester (fall and spring), and \$20 per summer term is estimated to generate approximately \$3.8 million of additional fee revenue. This fee increase will support the Counseling and Psychological Services existing and additional operations to bring their therapists to a 1 to 1500 ratio and provide critical infrastructure support such as a 24-hours SDSU access line and case managers to supplement the services provided by the therapists.

### Option 2:

A fee increase to support mental health of \$61 per semester (fall and spring), and \$22 per summer term is estimated to generate approximately \$4.2 million of additional fee revenue. This fee increase will support the Counseling and Psychological Services existing and additional operations to bring their therapists to a 1 to 1300 ratio and provide critical infrastructure support such as a 24-hours SDSU access line and case managers to supplement the services provided by the therapists.

### Option 3:

A fee increase to support mental health of \$73 per semester (fall and spring), and \$27 per summer term is estimated to generate approximately \$5 million of additional fee revenue. This fee increase will support the Counseling and Psychological Services existing and additional operations to bring their therapists to a 1 to 1000 ratio and provide critical infrastructure support such as a 24-hours SDSU access line and case managers to supplement the services provided by the therapists.

	<b>Option 1 - 1:1500 student to therapist ratio</b>	<b>Option 2 - 1:1300 student to therapist ratio</b>	<b>Option 3 - 1:1000 student to therapist ratio</b>
	\$55 increase for fall and spring; \$20 for summer	\$61 increase for fall and spring; \$22 for summer	\$73 increase for fall and spring; \$27 for summer
<b>Estimated Total Fee Revenue</b>	\$3,797,500	\$4,210,500	\$5,043,500
<b>Estimated Total Expenses</b>	\$3,797,500	\$4,210,500	\$5,043,500
<b>Therapist Costs</b>	\$2,479,147	\$2,879,757	\$3,687,767
<b>Case Managers and Interns</b>	\$506,400	\$506,400	\$506,400
<b>Infrastructure Costs: staffing</b>	\$556,028	\$556,028	\$556,028
<b>Infrastructure Costs: other operating expenses</b>	\$142,000	\$142,000	\$142,000
<b>Return to Aid</b> (3% of revenue from proposed fee)	\$113,925	\$126,315	\$151,305

### **Statement in Favor of Increasing the Student Health & Wellness Fee**

I think we need more mental health professionals available for counseling sessions on campus, and adding a fee that can be covered by financial aid will help students without health insurance get access to quality therapy. I have needed mental health services several times in college and had to be put on a waitlist to see a counselor, but seeing a professional at a private practice was too expensive. I think the fee amount per semester is a good value if we can have increased access to regular counseling sessions. Thanks!

Charlotte Roberts, SDSU Senior

### **Statement Against Increasing the Student Health & Wellness Fee**

I am against this price increase because as is, I am already struggling to pay for costs associated to attending SDSU. I am in debt and would have to take out more loans to cover this increase. Even at the minimum of \$55 per semester, that's an extra \$110 a year. That money is usually used toward other expenses like textbooks, but now I would have to spend it on this fee. Another reason I am against this is because I personally do not use the wellness or health center. I would be forced to pay for something I do not use. As a commuter student, I feel the extra \$110 would be paying for someone who lives on campus to be using these resources. Making an appointment at school is a hassle compared to making one somewhere closer to home. The lower wait times does not get rid of this hassle. Also someone who normally wouldn't use this resource could start using it to make use of their money spent. Therefore it would increase the wait time or at least not follow the exact decreased times presented in the plan.

Jayleen Ballesteros, SDSU Junior



## **SAN DIEGO STATE UNIVERSITY PROPOSED INCREASE TO THE INSTRUCTIONALLY RELATED ACTIVITY FEE**

### **Executive Summary**

A proposed \$40 fee increase to the Instructionally Related Activity Fee, effective fall 2020, shall be determined through a series of public forums and consultations open to any interested, regularly enrolled students at San Diego State University, not including students exclusively attending Imperial Valley Campus for whom this increase would not impact. Revenue generated from this proposed increase will help to fund academic success initiatives in the Asian American Pacific Islander Lounge, Black Resource Center, Center for Intercultural Relations, Latinx Resource Center, Native Resource Center, Pride Center, and Women's Resource Center to close equity gaps on campus.

### **Open Forum Times**

Please visit [sdsu.edu/alternativeconsult](https://sdsu.edu/alternativeconsult) for the most current list of scheduled forums.

### **Background**

SDSU educates an ethnically, culturally, economically, and academically diverse student body. More than half of the students at the SDSU campus are students of color, 11 percent are eligible for Pell Grants (need-based grants for low-income undergraduate students), and 7 percent are first generation college students. Yet, as demonstrated through the California State University system-wide Graduation 2025 initiative, historically underrepresented and underserved students often experience unique challenges in their educational experiences that contribute to gaps in outcomes: First-generation, low-income students, students of color, and other underserved students continue to graduate from SDSU at lower rates than their peers (CSU Graduation 2025).

More specifically, local data indicates that while the overall six-year graduation rate for SDSU students is 77 percent, the six-year graduation rate for Latinx students is 72 percent, 71 percent for Pacific Islander/ Native Hawaiians, and Asian and African American students both graduate in 6 years at a rate of 70 percent. These disparities are even more striking when gender is considered in conjunction with race and ethnicity. For example, 68 percent of Latinx men, and 60 percent of Pacific Islander and Native Hawaiian men complete their degrees within six years (SDSU Analytics). In addition, using a nation-wide longitudinal sample of nearly 8,500 students, Cress (2008) found that negative campus experiences among LGBTQIA undergraduates are associated with academic disengagement, lower grade point averages (GPA), lower ratings of academic knowledge and skills, and lower ratings of academic and social self-concepts.

San Diego State University's consortium of Academic Success Centers offer culturally-relevant mentoring, academic support systems, academic coaching, and retention activities that help students to navigate their college experience. National studies have found that faculty availability for mentoring of students is one of the top indicators for retention of students and has proved empirically relevant for students of color (Nora, Cabrera, Hagedorn, and Pascarella 1996).

Moreover, the availability of social support in the form of mentoring for historically underrepresented and underserved student centers create secure, knowledgeable ports of entry that enable students to safely navigate the unfamiliar terrain of the university (Tinto, 2005).

The funding provided by the proposed increase to the IRA fee will support the Academic Success Centers' efforts to directly address graduation and achievement gaps by expanding pre-existing retention programs to support historically underrepresented students at San Diego State University.

### **Uses of Instructionally Related Activity Fee Revenue**

The alternative consultation process seeks student input regarding the proposed increase of the Instructionally Related Activity Fee (IRA), effective fall 2020 of \$40 per student per semester (see financial analysis). An increase to the Instructionally Related Activity (IRA) Fee will create funding to support academic support services for students by investing in the spaces, programs, and services designed to help students achieve personal, academic, and professional success.

The revenue from this fee increase will create a sustainable funding source for SDSU's Academic Success Centers including: Black Resource Center, Center for Intercultural Relations, Pride Center, Women's Resource Center, Latinx Resource Center, Native Student Resource Center, and Asian American Pacific Islander Lounge. If approved, fund revenue will support the following best practices recommended by the CSU System Graduation 2025 Initiative in each Academic Success Center to close equity and achievement gaps:

- Culturally-specific mentoring programs
- Academic case-management to support students impacted by equity achievement gaps
- Academic support services (e.g., tutoring, supplemental support services)
- Programs focused on effective learning skills and strategies
- Programs focused on increased sense of belonging
- Staff hires dedicated to programs and initiatives that support students from historically underserved communities
- Leadership and academic success initiatives to empower, guide and support men of color
- Parent and family engagement programs for historically underserved populations
- Leadership and professional development opportunities for historically underserved student leaders

### **Summary of the Issue**

A recommendation in favor of the proposed Instructionally Related Activity fee increase means:

1. The IRA fee will increase \$40 for both fall and spring semesters and by \$17 for the summer term
2. The Latinx Resource Center, Native Resource Center, and Asian American Pacific Islander Lounge will be sustainably funded to provide a physical center to students along with academic and co-curricular support programming



3. Full-time staff positions and programmatic funds will be added in each center to support academic coaching, mentoring, culturally-specific leadership opportunities and retention activities for historically underrepresented and underserved students

A recommendation in opposition to the establishment of the proposed Instructionally Related Activity fee increase means:

1. The IRA fee will remain at \$199 for the fall and spring semesters and \$88 for the summer term
2. Sustainable funding will not be available to support the Latinx Resource Center, Native Resource Center, and Asian American Pacific Islander Lounge to provide a physical center to students along with academic and social support
3. Full-time staff positions and programmatic funds will not be added in each center to support academic coaching, mentoring, culturally-specific leadership opportunities and retention activities for historically underrepresented and underserved students

### Financial Analysis

The proposed increase to the Instructionally Related Activity Fee (IRA), if adopted, will increase the fee \$40 per semester (during fall and spring) and will be adjusted annually by the Higher Education Price Index (HEPI), beginning fall 2021. The IRA fee is currently \$199 per semester for full-time undergraduate students during fall and spring semesters. During the summer term, the proposed IRA Fee will be adjusted from \$88 per term to \$105. Currently, the IRA fee is already adjusted by HEPI and supports intercollegiate athletics, intramural sports, student colloquiums and lecture series.

### Current IRA Fee Compared with Proposed \$40 Increase

	Current IRA Fee	IRA fee with proposed increase, effective fall 2020	
<b>Fall</b>	\$199	\$239	[a]
<b>Spring</b>	\$199	\$239	[a]
<b>Summer</b>	\$88	\$105 [b]	[a]

[a] Annual fee increase is based on Higher Education Price Index starting in fall 2021

[b] The IRA fee will be increased \$17 during the summer term adjusting the price from \$88 to \$105.

## Fee Revenues

A \$40 increase to the Instructionally Related Activity fee will provide \$651,830 in funds to support mentoring, programmatic elements in the centers, student assistant expenses, retention activities, tutoring, first year experience programs, and the expansion of existing academic success initiatives. The fee increase at this level will fund 26 staff positions to support these initiatives and the academic success of historically underrepresented/ underserved students. These positions include retention coordinators, academic coaches (Assistant Directors) and co-curricular programmatic leads (Directors).

## Revenue Uses from a \$40 Fee Increase

Revenue:	
Annual Revenue from Proposed Fee Increase:	\$2,779,000
Expenses:	
Return to Aid (3% of revenue from proposed fee)	\$83,370
Expenses: Academic Success Programming	\$651,830
Expenses: Academic Success Staff	\$2,043,800
Total Expenses:	\$2,779,000

## Statement in Favor of Increasing the Instructionally Related Activities Fee

The San Diego State University cultural centers are a crucial part of marginalized students' experiences at SDSU. Our cultural centers help students of various backgrounds develop leadership skills, explore their identities, academically succeed, and find community at SDSU. The proposed increase to the institutionally related activities fee would help fund the programs that make these things possible and increase the reach of the cultural centers to serve more communities. The cultural centers also offer crucial cultural competency trainings for faculty, staff, and students (such as SafeZones, the Diversity Awareness Certificate program, and The Brave Project) that have made our campus a more safe and inclusive space for all those that call it home.



I support the increase to the institutionally related activities fee because it is an investment in life-changing work that has changed and will continue to change the lives of students on our campus.

Lori Loftin, SDSU Graduate Student

**Statement Against Increasing the Instructionally Related Activities Fee**

Undergraduates and graduate students who do not use these centers do not benefit at all; rather they are subject to a tuition increase. The tuition has already been rising throughout the years, and this is just adding to the issue. Rather than funding these initiatives that serve a small proportion of the student body, the focus should be on more pressing issues. Why are there not enough classrooms and teachers for classes? Why are so many students being accepted but not enough room? Change should be significant to all students. Proper funding for classrooms or materials should be the most important. We already pay so much to attend the school and the supplies needed to succeed, yet you ask for more.

Steven Bui, SDSU Junior