1. What is e-Benefits?

   e-Benefits automates and simplifies the process of enrolling and managing your benefit elections. e-Benefits' web-based system empowers you to understand your options and make better decisions, whether from your office, or from the comfort of your own home.

2. What are the advantages of e-Benefits?

   - empowerment through technology
   - access at work or at home 24 hours a day, 7 days a week
   - user friendly
   - information at your fingertips
   - information to maximize the value of your benefits plan
   - benefit elections made in a paperless environment
   - links to benefit plan providers

3. How do I access e-Benefits?

   You can log into eBenefits from any computer with Internet access. Log on to the web-based software application PeopleSoft at https://cmsweb.cms.sdsu.edu/psp/HSDPRD/?cmd=login. To log into eBenefits, use your PeopleSoft User ID and password. If you have not logged into PeopleSoft before, and you need your User ID and password, contact the BIS Help Desk at 619-594-0899.

4. Where can I get more information on e-Benefits?

   You can get more information on the progress of the eBenefits roll out on the Center for Human Resources Benefits web site at http://bfa.sdsu.edu/ps/benefits/index.htm.

See Back for Example
Log in to PeopleSoft: [https://cmsweb.cms.sdsu.edu/psp/HSDPRD/EMPLOYEE/HRMS/?cmd=logout](https://cmsweb.cms.sdsu.edu/psp/HSDPRD/EMPLOYEE/HRMS/?cmd=logout)
Enter your User ID (this is your Red ID). Enter your Password. Call BIS Help Desk at x40899 if you need your password.

Click on Self Service

Click on Benefits Enrollment

On the Open Enrollment row (blue bar), click on the Select Button