

SAN DIEGO STATE UNIVERSITY
ENVIRONMENTAL HEALTH & SAFETY

EMERGENCY PROCEDURES AND CONTACTS

Needlestick or Exposure to Blood, Body Fluids, and Infectious Agents

Prompt response is important if a person has been injured or exposed (by needlestick, splash, or direct contact) to human or non-human primate blood, body fluids, or a laboratory-associated exposure to bloodborne pathogens, infectious agents, or recombinant DNA has occurred.

Immediately do the following:

- Wash the wound and skin with soap and water.
- Flush or rinse out exposed mucous membranes (eyes, nose, mouth, etc.) with water.
- Notify the **Person In Charge**: PI/Lab Manager, Instructor/ TA, or supervisor/manager.

Immediately seek medical evaluation

- Seek medical evaluation as directed below, and as **soon as possible**, to ensure proper post-exposure evaluation, prophylaxis, and follow-up procedures. Any delay would affect treatment.
- Student interns in health care facilities have the opportunity to seek initial medical evaluation at the facility where the incident occurred, but will need to follow up with Sharp Rees Stealy, Occupational Health Services (per SDSU Risk Manager).

For Immediate Emergency Care

Call 9-1-1 from campus phone or (619) 594-1991
SDSU Public Safety Dispatch to call ambulance

During Business Hours:

- **Occupational Health Services (8 am – 5 pm, M-F)**
Call (619) 644-6600 then proceed to:
Sharp Rees-Stealy, La Mesa
Grossmont Medical Plaza, Suite 601
5525 Grossmont Center Drive
La Mesa, CA 91942
- **Urgent Care Services (8 am – 8 pm, Daily)**
Proceed to:
Sharp Rees-Stealy, La Mesa
Grossmont Medical Plaza, First Floor
5525 Grossmont Center Drive
La Mesa, CA 91942

After Business Hours (after 8 pm to 8 am) :

- Proceed to Sharp Grossmont Hospital Emergency Department or report to Occupational Health Services or Urgent Care Services during business hours (the next day)

Person In Charge Must:

- Report the exposure incident to the Biosafety Officer at (619) 594-2865 or (619) 594-6778.
- Properly contain and secure the biohazardous materials and/or contaminated sharps for follow-up investigation and disposal.
- Complete an Exposure Incident Report Form in the event of a bloodborne or other biohazardous exposure, **and** a Sharps Injury Report if the event involves a biohazardous contaminated sharp or needle stick.
- Complete a Supervisor's Report of Work Related Accident/ Illness Form for employees.